



Nor-West Regional Special Services  
P.O. Box 420  
Crugers, NY 10521



## Summer 2024 Adult Program Descriptions

Registration Deadline Friday, June 14<sup>th</sup>

### WEEKDAY PROGRAMS

#### MINI-GOLF & PIZZA

Have a real “swinging” time at our popular Mini-golf and Pizza Program. NEW this season, we will enjoy **Nonna’s famous pizza for dinner**. Then we head over to Yorktown Golf Center for a mini-golf competition. If it rains we’ll use the covered driving range to hit golf balls. **All participants should wear sneakers.**

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 18 adults

**DAY:** Tuesdays, (6 weeks)

**Time:** 5:00pm-7:45pm

**DATES:** July 9<sup>th</sup> to August 13<sup>th</sup>

**LOCATION:** Nonna’s/Yorktown Golf Center

**VENUE FEE:** \$25 each week for food and golf (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$90 **TRANS:** \$60 RT/ \$30 OW

#### GAME NIGHT AT SAVANNAH’S **\*\*Now on Wednesdays\*\***

Enjoy three evenings out with friends at Savannah & Company. Although Savannah’s is not running their trivia, we will be creating our own fun while dining on delicious southern-style food.

**There is no transportation for this program and a minimum of 8 people needed**

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Wednesdays

**Time:** 6:00pm-8:30pm

**DATES:** 7/10, 7/24, 8/7 (3 weeks total)

**LOCATION:** Savannah & Company, Cortlandt Manor

**VENUE FEE:** \$24 each week (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$45 **TRANS:** N/A



#### DINNER (IN) and a MOVIE NIGHT

A Great way to spend a hot summer evening - socializing with friends, enjoying a delicious dinner, and taking in one of the summer’s blockbuster movies at the Cortlandt Town Center Theatre. Our “Dinner and a Movie” has **a new twist!** A delicious Sansotta Bros. catered meal in the Nor-West recreation room and then a quick stroll across the hall to the movie theater.

We are only offering one date for this summer. ***Please note: There is NO TRANSPORTATION for this program.***

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 20 adults

**DAY:** Wednesday

**Time:** 5:30pm-9:30pm

**DATES:** July 17<sup>th</sup>

**LOCATION:** Cortlandt Town Center

**VENUE FEE:** \$30 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$25 **TRANS:** N/A

*Please note: NW catchment area includes Cortlandt, Ossining, Peekskill, and Yorktown*

## **PLAYLAND & WALTER'S FAMOUS HOT DOGS**

A summer-time favorite! Westchester's great family amusement park. Join us for a fun-filled day at Playland amusement park. Beforehand, enjoy dinner at Walter's famous hot dogs. A Nor-West summer tradition! **One outing, July. Bring at least \$15 for dinner the day of the outing.**

*Pick up at the CBS After-Hours Program available upon request.*

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 18 adults

**DAY:** Wednesday

**Time:** 5:00pm-9:00pm (Program Hours)

**DATES:** 7/31

**LOCATION:** Rye, NY

**VENUE FEE:** \$35 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$30 **TRANS:** Included



## **SPLASH & DINE**

It's Back!!! Get a break from the heat this summer and relax at the beautiful Charles Cook Pool! Summer is about barbeques and good times with friends. Take a dip or just relax by the pool and then enjoy a traditional BBQ dinner (hamburgers, hot dogs, salads, dessert, and beverages) This is a VERY popular program, so don't delay - sign up today! (\*\**Participants must be able to change clothing independently!*\*\*)

**ELIGIBILITY:** Age 18 and up.

**DAY:** Thursdays

**Time:** 4:15 – 7:00pm

**DATES:** July 11<sup>th</sup> to August 15<sup>th</sup> (6 weeks)

**LOCATION:** Charles Cook Pool, Cortlandt Manor

**VENUE FEE:** \$50 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$100 **TRANS:** \$60 RT/ \$30 OW

## **ROTARY COMMUNITY CORP OF NOR-WEST**

Many participants and families may recall the Rotary Corp collaboration with the former KEON center, committed to local, national, and international community service projects. We are thrilled to announce that Nor-West will be joining forces with the Rotary Club of Cortlandt Manor to carry on this legacy. We welcome back returning members and look forward to greeting new ones. The Rotarians and Community Coalition of NW members will meet in the CUE room at the Cortlandt Town Center to set goals and plans for our coalition. It's an excellent opportunity to participate in community service and make a difference! Learn what the RCC of NW stands for. This group will continue to meet monthly or more often if necessary, beyond the summer. This program precedes our Summer Social program, so consider participating in both!

**This program is FREE OF CHARGE to all. Please note: There is no transportation for this program**

**ELIGIBILITY:** Age 18 and up.

**DAY:** Friday

**TIME:** 4:00pm – 5:30pm

**DATES:** July 26<sup>th</sup> and August 9<sup>th</sup>

**LOCATION:** CUE Cortlandt Town Center

**VENUE FEE:** N/A

**REGISTRATION FEE - (Living in a Supported Setting):** N/A **TRANS:** N/A

## **THE SUMMER SOCIAL**

The Summer version of our perennial Favorite! The Summer Social program extends the opportunity to socialize with friends while engaging in fun activities. We'll play Wheel of Fortune, Jeopardy, Bingo, and do team building activities, and exciting card games. You should have dinner before the program or bring a bag dinner. Don't miss out on the fun! **Please note: There is no transportation for this program**

**ELIGIBILITY:** Age 18 and up.

**DAY:** Fridays

**TIME:** 5:30pm – 8:00pm

**DATES:** July 12<sup>th</sup> – August 9<sup>th</sup> (5 weeks)

**LOCATION:** Nor-West/CUE

**VENUE FEE:** \$15 due with registration (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$75 **TRANS:** N/A

*Please note: NW catchment area includes Cortlandt, Ossining, Peekskill, and Yorktown*

# WEEKEND SPECIAL EVENTS

**\*\*Please choose a maximum of 3 events. Place a check mark in the space provided on the registration form if you would like to be waitlisted for additional events.\*\***

**The times listed below are program hours and do not include the travel time to get to and from the event. Transportation schedules will be mailed out prior to the event.**

## NY METS

### Field Level Seats!!!

Come out to Citi Field and cheer on our NY Mets against the Colorado Rockies. Hopefully by July we will be contenders for the playoffs. As true Met fans, you know we “Gotta Believe”. Game time is 1:40pm but we will leave early and get to see some batting practice before the game. LET’S GO METS!!!! (Pack a bag lunch, snacks, drink, and bring sunscreen and a hat if needed). **\*\*Please note – Citi Field is a CASHLESS Venue! Only Credit/Debit cards are accepted for any purchases inside the stadium, so plan accordingly.**



**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Sunday

**Time:** 12:00pm – 4:00pm (1:40pm game time)

**DATES:** July 14<sup>th</sup>

**LOCATION:** CitiField, Flushing NY

**VENUE FEE:** \$63 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$30 **TRANS:** Included

## DARYL'S HOUSE BRUNCH AND ROCK

This music trip went so well the first time, we are returning to the stage for an encore! We are heading over to Daryl’s House (Daryl Hall that is, of the iconic duo, Hall & Oates). This restaurant and music venue hosts local and nationally known performers to get an up close and personal musical experience... And, the food is pretty fantastic too! Join us for Brunch and Rock ‘n Roll at what is sure to become a Nor-West favorite.

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Saturday

**Time:** 10:00am – 3:30pm

**DATES:** July 20<sup>th</sup>

**LOCATION:** Daryl’s House, Pawling, NY

**VENUE FEE:** \$30 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$35 **TRANS:** Included

## HV RENEGADES BASEBALL AND TAILGATE PICNIC

Root, root, root for the home team as the Hudson Valley Renegades (NY Yankees High A team) take on the Rome (Georgia) Emperors (Atlanta Braves High A team). This fun day at the ballpark includes an authentic tailgate type meal with burgers, hotdogs, chips, salads with dressing, cookies, and drinks... Yum! Don’t miss out on this fun-filled baseball extravaganza!

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Sunday

**Time:** 1:00pm – 4:30pm (2:05pm game time)

**DATES:** July 21<sup>st</sup>

**LOCATION:** Dutchess Stadium

**VENUE FEE:** \$45 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$30 **TRANS:** Included

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## **WILD WEST CITY**

Giddyup Partner! We're hitching the wagon and hitting the trail to this little slice of New Jersey based on 1880s Dodge City, Kansas. The theme park invites you to let your inner cowpoke run free. There are store fronts with blacksmithing, a saloon, and outdoor opera house. A train ride, reenactments of popular western frontier stories throughout the day right n "Main Street". And, there is a General Store, if you want to browse before returning to present day Westchester County. Saddle up and come reawaken the spirit of the American West!!

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Saturday

**Time:** 10:30am – 5:00pm

**DATES:** August 3<sup>rd</sup>

**LOCATION:** Stanhope, NJ

**VENUE FEE:** \$30 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$45    **TRANS:** Included

## **DUCK PIN BOWL AND RED ROOSTER**

Back by popular demand!!! Are you missing our bowling league in the summer? Well here is your chance to scratch your bowling itch. It won't be exactly the same as our weekly team schedule, but it is sure to bowl you over with fun and friends. Plus, you get to end the adventure with Mini-Golf and Ice Cream at the Red Rooster! What more could you ask for? It'll be "Just Ducky and Clucky!" *Please wear white soled sneakers and bring a bag lunch*

**ELIGIBILITY:** Age 18 and up.

**PROGRAM CAPACITY:** 16 adults

**DAY:** Saturday

**Time:** 10:30am – 4:30pm

**DATES:** August 10<sup>th</sup>

**LOCATION:** Danbury Duckpin Lanes/Red Rooster - Patterson

**VENUE FEE:** \$40 (everyone pays)

**REGISTRATION FEE - (Living in a Supported Setting):** \$45    **TRANS:** Included



Check us out on the web  
[www.nor-west.org](http://www.nor-west.org)

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